

G.L.O.R.I.F.Y. Sports Curriculum

(Godly Lessons on Reflecting Integrity for Youth)

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Overview of G.L.O.R.I.F.Y Sports Curriculum

The following items will be covered

1. What is G.L.O.R.I.F.Y sports curriculum
2. Why was this sports curriculum developed
3. What is the purpose of the curriculum
4. What is the target age group for this sports curriculum
5. What traits/topics are covered through the curriculum
6. How is the sports curriculum implemented in a school athletic program
7. What does a coaches guide look like
8. How do you equip a coach to go through the curriculum effectively
9. How Chapel Hill Academy has been impacted by the curriculum

Godly Lessons On Reflecting Integrity For Youth

G.L.O.R.I.F.Y is a sports curriculum that a few Chapel Hill parents, coaches and staff developed to become part of our sports program at Chapel Hill Academy.

The kid's devotional book, Heads Up by Dave Brannon is the resource for stories. Coaches focus on a predetermined character trait for a two week period of time. An additional support piece was created by the group that adds a key Bible verse, individual questions, team questions and team goals for each character trait. The curriculum will repeat every two years so that all our student athletes will have a repeat emphasis on these key Christian character traits as they have the opportunity to compete athletically from 4th-8th grade.

Why was this sports curriculum developed?

Our athletic program has a theme verse as well as physical and spiritual goals which we want our athletes to be striving for as they play sports at CHA.

Theme Verse - Colossians 3:17 *"And whatsoever you do in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through Him."*

Spiritual Goal - *"To train our children to glorify God as Christian athletes."*

After reviewing our goals a couple years ago we realized that not all teams were getting the appropriate training to reach the spiritual goals while playing sports at CHA. We decided that by having a curriculum in place that coaches would be better equipped to guide athletes spiritually as well as physically.

Our hope was to create a sports curriculum for coaches to help them develop not only the skills of our athletes, but also the character of each player as they participate in sports at Chapel Hill Academy.

A variety of coaches wanted to have a special devotional time with their teams. Our hope was to have all teams doing a devotional time. By incorporating this curriculum into our sports program we now have all of our athletes receiving spiritual training in addition to the physical training.

What is the target age group for this sports curriculum?

The G.L.O.R.I.F.Y curriculum was developed for boys and girls in grades 4-8.

The topics and stories in the Heads Up devotional were designed specifically for athletes in these age ranges.

Each devotion has a story relating to sports and or competition and we have tried to place stories that fit into sport specific areas whenever possible to help athletes relate the story to their sport.

Sports offered at Chapel Hill Academy –

- Soccer
- Volleyball
- Basketball
- Baseball
- Softball
- Track and Field

There are stories that we use that may be about other sports like golf, swimming, football, hockey etc. We have still incorporated them into our curriculum if we felt like the story had an important message for the athletes to hear.

What is the purpose of the G.L.O.R.I.F.Y. Curriculum?

- To train godly character in student athletes
- To remind coaches and parents of Christian character from the sidelines
- To prepare our athletes to be witnesses in our league by showing excellent sportsmanship and positive Christian conduct

What traits/topics are covered through the curriculum?

In the course of the two year series the following traits are taught:

purpose	self control	consideration
sacrifice	teamwork	respect
discernment	humility	kindness
selflessness	perseverance	courage
attentiveness	encouragement	evangelism
guarding your heart	joyfulness	worth
salvation	friendship	honesty
priorities	integrity	teachable
responsibility	trust	unity
sportsmanship		

Fifteen character traits are focused on each year. Some traits are repeated in the 2nd year, but the story is different.

How is the sports curriculum implemented in a school athletic program?

Each coach is given a curriculum guide as well as a devotional book. At a coaches meeting prior to the season the athletic director will go through a story and provide guidance as to how to go through the sports session using the curriculum. Coaches are encouraged to review traits from week to week and find ways to implement them throughout their practices and games. Coaches take about 10-15 minutes out of a practice or before a game every other week to read the devotion and go through the questions. There is also a goal added for each trait that coaches can implement as well.

What does a coaches guide look like?



Chapel Hill
A C A D E M Y
CHANHASSEN, MINNESOTA

Character Training Curriculum

FALL SPORTS GUIDE

Soccer and Volleyball

“To train our children to glorify God as Christian athletes.”

*“And whatever you do in word or deed, do all in the name of the Lord Jesus,
giving thanks to God the Father through him.”*
Colossians 3:17



Chapel Hill
A C A D E M Y
CHANHASSEN, MINNESOTA

Coach's Name _____



Fall Character Training Calendar

We are excited to have you a part of the Chapel Hill Academy coaching staff. This year is sure to be an exciting year for our student athletes as they will not only be competing in their respective sports, but will be learning many Christian character qualities that will help them develop life-long values. We appreciate your support in mentoring your athletes in the character qualities for this season. May God Bless you, your team and the parents of the student athletes you will be coaching.

Please take a moment to write in the dates for each session of the season's curriculum. We appreciate your dedication to follow the calendar which will make sure that all of our teams will be studying the same content from week-to-week.

Session 1 _____
Session 2 _____
Session 3 _____
Session 4 _____
Wrap-Up _____

Week 1 & 2

Character Trait: **PURPOSE**

Verse

*“And whatever you do, whether in word or deed,
do it all in the name of the Lord Jesus,
giving thanks to God the Father through him.”
Colossians 3:17*

Devotion

Heads up –page 119 – Day 36 “Why Play?”
Name a Bible character that exemplifies having
Purpose in his/her life.

Additional Scripture Reading:
1 Peter 2:12; Matthew 5:13-16

Individual Question

Why are you playing this game?

Team Question

How can we glorify God this season?

Potential Team Goal

Clean up garbage under bench before leaving any game

Notes _____

Weeks 3 & 4

Character Trait: **SELF-CONTROL**

Verse

*“In your anger do not sin: Do not let the sun go down
while you are still angry...”*
Ephesians 4:26

Devotion

Heads up –page 131– Day 40 “That Makes Me So Mad!”
Name a Bible character that exemplifies having
self-control in his/her life.

Additional Scripture Reading:
James 1:19-20

Individual Question

*Can you think of situations where you have had
trouble controlling yourself?
How should you change your actions,
attitudes or words?*

Team Question

How could not having self-control affect the whole team?

Potential Team Goal

Never show disrespect to an official

Notes _____

Weeks 5 & 6

Character Trait: **CONSIDERATION**

Verse

*“Remind the people to be subject to rulers and authorities,
to be obedient, to be ready to do whatever is good,
to slander no one, to be peaceable and considerate,
and to show true humility toward all men.”*

Titus 3:1-2

Devotion

Heads up—page 26— Day 6 “What’s in a Name?”

Additional Scripture Reading:

2 Kings 2:19-25

Individual Question

*Have I called anyone by a mean name? Why did I do that?
Do I need to apologize?*

Team Question

*How do we speak to or respond to other teams?
Do we have any nicknames on our team that are not respectful
to others that we need to stop using?*

Potential Team Goal

*Find one opportunity per practice and game to compliment someone on your team or on
the other team.*

Notes _____

Weeks 7 & 8

Character Trait: **SACRIFICE**

Verse

*“Therefore, I urge you, brothers, in view of God’s mercy,
to offer your bodies as living sacrifices, holy and pleasing to
God - this is your spiritual act of worship.”
Romans 12:1*

Devotion

Heads up—page 14— Day 2 “Give It Up For the Coach”

*Additional Scripture Reading
Genesis 22:1-12*

Individual Question

*What is one thing I need to sacrifice to be
a better player on this team?*

Team Question

What do we need to sacrifice to make our team better?

Potential Team Goal

*Find one thing that your athletes can agree to sacrifice
for the team. eg. candy, pop, television, etc.
Consider doing a service project as a team.*

Notes _____

Wrap-Up

Discussion Questions

- Remind coaches about how much impact they are having in the lives of the young athletes that they are coaching.
- Give coaches the books before the season starts to allow them time to prepare if it helps them feel more comfortable.
- Encourage coaches to do this at a consistent time every other week so that it is done with a purpose and not just thrown in as something they need to get done.
- Send reminders via e-mail every other week letting them know what devotion, trait and verses they should be covering throughout the next two weeks.
- Ask for coaches to share positive things that they see from their team, so that athletes and their parents can be encouraged by the positive experiences.
- When the season is done ask coaches for their feedback on how you can help them with presenting the curriculum to the athletes.
- Pray for the coaches as they interact with players, parents, referees. Pray that will have a positive impact on all the people that they are in contact with as they represent your school.

How has Chapel Hill Academy has been impacted by the curriculum?

Here are a couple of stories from this past year regarding 2 boy's basketball teams at Chapel Hill Academy:

A visiting father said to one of our parents, "I don't know how this will turn out, but this is fun either way. Your team is a team we would love to play any day. They have good athleticism, good character, and good sportsmanship. This is how basketball should go." After the game, the same mom was approached by many parents from the other team to say that they were impressed by our boys' character, the way our boys' responded to the coach, and the way he coached the boys.

In another situation after a very close championship game, our coach commented: "After our heartbreaking loss there were definitely a few tears. When the opposing team was awarded their trophy after us, our boys were clapping loudly and sincerely for the champion. It was almost as rewarding as actually winning the game. I really do see great future leaders coming from this group of boys. I couldn't have been prouder of the team"

Question/Comments

Contact Information

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Where to get Heads Up devotion books?

We purchased them for \$8.00 a piece at christianbook.com