

# G.L.O.R.I.F.Y. Sports Curriculum

(Godly Lessons on Reflecting Integrity for Youth)

## FALL SPORTS GUIDE Year 2

*“To train our children to glorify God as Christian athletes.”*

*“And whatever you do in word or deed, do all in the name of the Lord Jesus,  
giving thanks to God the Father through him.”*

Colossians 3:17



**Chapel Hill**  
**A C A D E M Y**  
CHANHASSEN, MINNESOTA

Coach's Name \_\_\_\_\_

# Fall Character Training Calendar

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We are excited to have you a part of the Chapel Hill Academy coaching staff. This year is sure to be an exciting year for our student athletes as they will not only be competing in their respective sports, but will be learning many Christian character qualities that will help them develop life-long values. We appreciate your support in mentoring your athletes in the character qualities for this season. May God Bless you, your team and the parents of the student athletes you will be coaching.

Please take a moment to write in the dates for each session of the season's curriculum. We appreciate your dedication to follow the calendar which will make sure that all of our teams will be studying the same content from week-to-week.

- Session 1 \_\_\_\_\_
  - Session 2 \_\_\_\_\_
  - Session 3 \_\_\_\_\_
  - Session 4 \_\_\_\_\_
  - Wrap-Up \_\_\_\_\_
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# Wrap-Up

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## Discussion Questions

*What stories helped you be a better player/team?*

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*How as a team did we show TEACHABLE, INTEGRITY, SPORTSMANSHIP, and UNITY this season?*

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## Session 4

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Character Trait: **UNITY**

Verse

*“How good and pleasant it is  
when brothers live together in unity!”  
Psalm 133:1*

Devotion

*Heads up –page 50 – Day 14*

Additional Scripture Reading  
*Ephesians 2:19-22*

Individual Question

*How are you the same as players from the other team?  
How does your faith in Christ unify you with players from the  
opposing team?*

Team Question

*Do we view the opposing team as the enemy or potential  
brothers/sisters in Christ?*

Potential Team Goal

*When there is an injury, we will gather to pray  
for the injured player.*

Notes \_\_\_\_\_

## Session 1

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Character Trait: **TEACHABLE**

Verse

*“Whoever gives heed to instruction prospers.”  
Proverbs 16:20*

Devotion

*Heads up –page 194 – Day 59*

Additional Scripture Reading:  
*Ephesians 6:1-3*

Individual Question

*How do you react when you are offered help from a  
coach/parent/teacher/friend?  
Can you list ways that you are obeying God by giving your best  
effort; even in areas you may not like or excel?*

Team Question

*Think about how our team reacts to a hard practice.  
Do you respond with a groan or do you dig down and give your  
best effort every time?*

Potential Team Goal

*Be known as a coachable team- a coaches dream team-by  
listening, following directions, working hard and having a good  
attitude.*

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## Session 2

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Character Trait: **INTEGRITY**

Verse

*“Be imitators of God...and live a life of love just as Christ loved us and gave himself up for us...”*  
Ephesians 5:1-2

Devotion

*Heads up—page 243— Day 72*

Additional Scripture Reading:  
*Luke 6:42*

Individual Question

*Is there anything I am doing that would make others wonder if I am really a Christian?*

Team Question

*When others look at us, do they see Jesus or do they see a team who distracts them from Jesus?*

Potential Team Goal

*After each game, review as a team if we reflected Christ in our play or see if there is something we need to apologize for.*

Notes \_\_\_\_\_

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## Session 3

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Character Trait: **SPORTSMANSHIP**

Verse

*“In the same way, let your light shine before men, that they may see your good deeds and praise your Father in heaven.”*  
Matthew 5:16

Devotion

*Heads up—page 93 Day 28*

Additional Scripture Reading:  
*1 Peter 2:12*

Individual Question

*How would others view our sportsmanship? Positive or negative?  
What can be done to improve their perceptions?*

Team Question

*What are some practical ways to improve sportsmanship among our team? List some ideas.*

Potential Team Goal

*Regardless of victory or defeat, be known as a team that is set apart for Christ in our sportsmanship.*

Notes \_\_\_\_\_

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