

G.L.O.R.I.F.Y. Sports Curriculum

(Godly Lessons on Reflecting Integrity for Youth)

WINTER SPORTS GUIDE Year 2

“To train our children to glorify God as Christian athletes.”

*“And whatever you do in word or deed, do all in the name of the Lord Jesus,
giving thanks to God the Father through him.”*
Colossians 3:17



Chapel Hill
ACADEMY
CHANHASSEN, MINNESOTA

Coach's Name _____

Session 2

Character Trait: **GUARD YOUR HEART**

Verse

“Above all else, guard your heart, for it is the wellspring of life.”
Proverbs 4:23

Devotion

Heads up –page 47– Day 13

Additional Scripture Reading
Proverbs 4:20-27

Individual Question

What are you doing to protect your “goal”/heart?

Team Question

*How can you help your teammates make good choices?
Protect their hearts?*

Potential Team Goal

Stand firm by doing what is right and making good choices. Be a positive example for the team and other teams. Take the time to encourage someone who you see doing the right thing.

Notes _____

Session 7

Character Trait: **HONESTY**

Verse

“He who sows righteousness reaps a sure reward.”
Proverbs 11:18

“He who sows wickedness reaps trouble.”
Proverbs 22:8

Devotion

Heads up –page 227 – Day 68

Additional Scripture Reading
Galatians 6:7-10

Individual Question

*Do you want things in your life that you have not worked for?
What do you need to do to achieve something that you want?
(ie. good grades, play guitar, do a cross over dribble)*

Team Question

*Does our team exhibit honesty in game situations
regardless of outcome?*

Potential Team Goal

Obey God by playing by the rules of our sport. Be honest in all situations, making sure not to take advantage of people.

Session 6

Character Trait: **FRIENDSHIP**

Verse

*“Jonathan said to David, ‘Go in peace, for we have sworn
friendship with each other in the name of the LORD.’”*
1 Samuel 20:42

Devotion

Heads up –page 69 – Day 20

Additional Scripture Reading
Samuel 20:1-17

Individual Question

What makes a true friend?

Team Question

*As a team are we demonstrating positive qualities of friendship
through encouragement, effort and selflessness?*

Potential Team Goal

*Each player will treat his/her teammates
as friends on and off the court.*

Notes _____

Session 3

Character Trait: **JOYFULNESS**

Verse

*“Consider it pure joy, my brothers,
whenever you face trials of many kinds.”*
James 1:2

Devotion

Heads up –page 251– Day 74

Additional Scripture Reading
James 1:2-8

Individual Question

What is my reaction when I make a mistake?

Team Question

How should we act if we lose? If we win?

Potential Team Goal

*To have fun playing (at practice and in games)
no matter if we win or lose.*

Notes _____

Session 4

Character Trait: **WORTH**

Verse

“How great is the love the Father has lavished on us, that we should be called children of God!”

1 John 3:1

Devotion

Heads up –page 184– Day 56

Additional Scripture Reading

Psalm 139:1-24

Individual Question

Do you see your worth based on what others think or what God thinks of you? Does how you spend your time show that?

Team Question

How is each person important to our team?

Potential Team Goal

To remind each other often of the value they bring to the team based on how God made them.

Notes _____

Session 5

Character Trait: **SALVATION**

Verse

“Everyone who calls on the name of the LORD will be saved.”

Romans 10:13

Devotion

Heads up –page 223 –Day 67

Additional Scripture Reading

Ephesians 2:1-5

Individual Question

Do you have a personal relationship with Christ – by having received Him as your personal Savior?

Team Question

How can your faith in Christ make us stronger as a team?

Potential Team Goal

Take time to share your personal testimony with another on the team.

Notes _____

