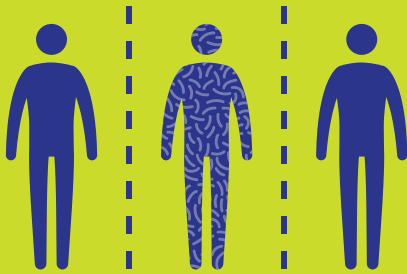


HELP PREVENT THE SPREAD OF RESPIRATORY ILLNESSES

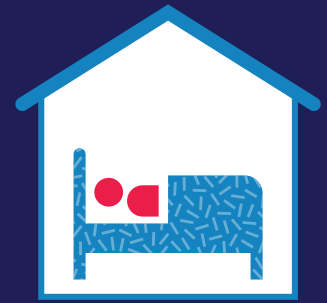
including COVID-19



Avoid close contact with people who are sick



Avoid touching your eyes, nose, and mouth with unwashed hands



Stay home when you are sick



Wash hands with soap and water for at least 20 seconds or use an alcohol-based hand sanitizer with at least 60% alcohol

Always use soap and water if hands are visibly dirty

Keeping hands clean is one of the most important things we can do to stop the spread of germs and stay healthy



Cover your cough or sneeze with a tissue, then throw the tissue in the trash



Clean and disinfect frequently-touched objects and surfaces using regular household cleaning spray or wipes

Follow us for more tips:

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CARVER COUNTY



Public Health
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